



Child's Day Illness Exclusion Policy

The health of your child is of the utmost importance to us. CDC and Child Care Licensing requires that precautions be taken to safeguard the health of all children enrolled. This includes excluding children from attending with symptoms outlined below. **Please notify the school when your child is out sick and if a specific diagnosis is confirmed.** The school will notify families and staff about any illnesses.

Administrator or staff will ask parents at drop off how their child is feeling and if a child appears to be sick, it is also the Administrator or staff's responsibility to ask a parent to take a child back home if the child is deemed not well enough to be at school.

Teachers will also conduct health checks on each child during the day including temperature checks. Admin/staff will question parents about scrapes, bruises, etc. that are visible. Child's Day does not employ a school nurse; therefore, any first aid administered, or medication given will be done by the child's teacher or administrative personnel.

A child who becomes ill at school will be removed from their classroom and cared for in a separate space by one caregiver until their parents are able to promptly pick them up from school.

In the event of illness (child or staff) at our center, the following policies and procedures must be followed:

Symptom/Diagnosis	When Child will Be Sent Home or Excluded	When Child may Return
Fever – No other COVID-19 symptoms	If your child has a temperature of 100.0 or higher.	The child must be fever free for 24 hours without fever reducing medication before returning to school.
Respiratory Symptoms – No other COVID-19 symptoms	If child exhibits difficult or rapid, shallow breathing or severe coughing, the child shall be excluded from the program. If the child makes high pitched croup or barking sounds after he/she coughs, and the child is unable to lie comfortably due to continuous cough, the child shall be excluded from the program.	When exclusion criteria are resolved or with a doctor's note stating the child is not contagious and the child can cope with the routine activities of the program.
Cold Symptoms Nasal Congestion Sneezing Watery eyes Cough (also see COVID-19 information below)	If accompanied by fever (see fever criteria above)	The child must be fever free for 24 hours without fever reducing medication before returning to school or with a doctor's note stating the child is not contagious
Diarrhea	After 2 occurrences within a 24-hour period	When diarrhea subsides for 24 hours without medication or doctor's note stating child is not contagious
Diaper Rash	If sores are oozing and leak body fluid	When exclusion criteria are resolved
Active Head Lice	When live nits/eggs are present	When exclusion criteria are resolved and 24-hrs after first treatment

Symptoms/Diagnosis	When Child will Be Sent Home or Excluded	When Child may Return
Hand, Foot & Mouth Syndrome	When spots/bumps/lesions are noticed or present in the following areas: <ul style="list-style-type: none"> • Hands, feet & mouth • Diaper area • Thigh/legs 	The child must be fever free for 24 hours without fever reducing medication before returning to school. If lesions or spots are still present, the child must have a doctor's note stating when the child is no longer contagious.
Irritability	If irritability cannot be redirected and/or prevents child from being able to participate comfortably and safely	When child can participate comfortably in the routine activities of the program.
Itching	If itching is suspected to be caused by any of the following: Scabies, Impetigo, or Ringworm	When exclusion criteria are resolved or with a doctor's note stating the child is not contagious
Appearance or Behavior Changes -Lethargy	If the child looks or acts differently, is lethargic, pale, lacking appetite, confused, irritable, or difficult to awaken, the child should remain at home for further observation. If the child is not able to participate in the daily activities and routine of school, they should remain at home.	When exclusion criteria are resolved
Mouth Sores	When sores cause drooling	When exclusion criteria are resolved or with a doctor's note stating the child is not contagious.
Eye Discharge -Pink Eye (Conjunctivitis) - Allergies	<ul style="list-style-type: none"> • Thick mucus or pus from eyes • When discharge is noticed • Pinkish/red swollen or irritated eyes 	When exclusion criteria are resolved or with a doctor's note stating the child is not contagious and has taken medication for at least 24hrs
Rash – Skin/Scalp	When unidentified rash is noticed and is accompanied by: <ul style="list-style-type: none"> • Behavior change • Persistent itching • Fever • Has oozing/open wound/sores • Child is unable to participate 	When exclusion criteria are resolved or with a doctor's note stating the child is not contagious and return date
Chicken Pox	<ul style="list-style-type: none"> • When lesions are noticed or present 	When all lesions are dried and crusted. Typically takes 6+ days and doctor's return date
Strep Throat	If child has a positive strep culture	After at least 24 hours of antibiotic medicine and note with return date
Vomiting	After one occurrence within a 24-hour period. Gagging/minimal drool/spit-up due to excessive crying/anxiety does not constitute vomiting.	When vomiting subsides for 24 hours without medication and able to participate comfortably in the routine activities of the program.

Children who are sick must be taken home immediately or within one hour of being contacted as we do not have facilities to care for sick children. If neither parent can be reached, other persons listed on your enrollment forms will be called. It is especially important that all telephone numbers and information be kept current, in case we need to call you.

Your child's exclusion and readmission to the program is subject to review by their receiving classroom staff and/or a Director. If your child has a chronic illness or disability, please discuss a plan for reasonable admission/exclusion criteria with a Director.

COVID-19 Policies

Symptom/Diagnosis	When Child/Staff will be sent home/excluded	When Child/Staff may return
<p>Child/Staff exhibiting COVID-19 Symptoms</p> <ul style="list-style-type: none"> Fever 100.0 Cough Shortness of Breath/Trouble Breathing Chills Muscle or body aches Sore throat Loss of taste or smell Fatigue Headache Congestion or runny nose Nausea or vomiting Diarrhea 	<p>If your child has a temperature of 100.0 or higher and/or has two or more symptoms of COVID-19.</p>	<p>If a child is showing signs or symptoms of COVID-19, or has a temperature of 100.0 degrees or above, they must stay home. Children and staff with fever or other COVID-19 symptoms are required to stay home until they are free of these symptoms or fever, without the use of medication, for 24 hours, or they provide a doctor’s note clearing them for return.</p> <p>Children presenting with two or more symptoms of COVID-19 will be required to get a note from a doctor clearing them or a negative COVID-19 test before returning to school.</p>
<p>Child/Parent/Staff is a confirmed positive COVID-19</p>	<p>Protocols that include –</p> <ul style="list-style-type: none"> No entry Notification of illness to parents/staff Complete sanitation of the classroom, Call to health officials and following CDC recommendations for the centers next steps. <p>If parents test positive, their unvaccinated children need to remain quarantined for 14 days after their last exposure to the positive parent before they are allowed back to school.</p>	<p>In the case of a confirmed positive COVID-19 test, and individual may return after:</p> <ul style="list-style-type: none"> • 10 days since symptoms first appeared and • 24 hours with no fever without the use of fever-reducing medications and • Other symptoms of COVID-19 are improving (loss of taste and smell may continue beyond contagious period)
<p>Child/Staff has had close contact with a confirmed positive COVID-19 case</p>	<p>When an unvaccinated child or staff member has had close contact with a positive COVID-19 Case. Close contact is defined as within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period.</p>	<p>An unvaccinated individual who has had close contact with someone who has (suspected or confirmed) COVID-19 should stay home for 14 days after their last exposure to that person. Individuals that are fully vaccinated against COVID-19 do not need to quarantine.</p>

Child's Day Illness Reduction Policies and Procedures for Parents and Staff

Effective August 23, 2021

The following are the most updated CDC, licensing and local requirements for childcare centers caring for children. They are in place to protect the health and safety of our children, families, and staff. Please read the requirements carefully.

Protecting the health of our teachers and the children in our care is our top priority. In order to help reduce illness in our school, the following procedures must be followed:

1. Parents will drop off and pick up children at the classroom door. Parents are not allowed in the classroom.
2. Parents and staff will continue to wear masks while inside the building until an announcement is made otherwise.
3. Parents should take their child's temperature and evaluate their symptoms based on our updated illness policy BEFORE heading to school to make sure they are able to attend.
4. Temperatures and health checks will be taken before teachers or children enter the classroom at drop-off and throughout the day.
5. Adult and child hands should be washed throughout the day including each time a child or adult enters the classroom, after toileting/diaper changes, before eating, after wiping noses, when returning from outside, and after group play activities.
6. Our routine illness and COVID-19 policies remain fully in effect. Please keep your child home if they are sick.
7. All areas of children's play will be properly sanitized as needed, mid-day and at the end of the day.
8. All children's toys will be properly sanitized daily. Toys that come into contact with children's mouths will be placed in designated container to be properly sanitized.
9. Home toys will not be allowed to support health and safety policies; comfort items/lovies are okay.
10. We will not do warmups at this time to avoid handling of foods for health and safety practices. Parents may want to consider using thermos to keep lunch warm.
11. All children should bring 2-3 changes of clothes in Ziplock bags that are labeled with child's name to be used when needed.
12. All bottles, bottle caps, sippy cups, and water bottles from home used for feeding or drinks should be labeled with child's name.